

LOADED BAKED POTATO PIEROGIES

Product Code: 41164-00348



Full Size Product Cooking Directions

BOIL	Bring 4 quarts of water to a boil. Add frozen pierogies. When water returns to a boil, continue cooking the pierogies an additional 3 minutes, then drain.
SAUTÉ	Sauté frozen pierogies in skillet with butter or oil on medium heat. Turn occasionally until golden brown, 8 minutes on each side.
BAKE	Preheat oven to 400°F. Spray cooking sheet and both sides of frozen pierogies with nonstick cook spray. Bake 18-20 minutes until golden brown, turning halfway through bake time.
DEEP FRY	Place frozen pierogies in a fryer that has been preheated to 350°F. Cook pierogies for 4 minutes or until nicely browned and float.
STEAMED	Place frozen pierogies in a slotted or solid pan with oil and set timer for 10-12 minutes. When steaming more than one pan, allow an additional 2 minutes per pan.
COOKING TIMES MAY VARY ACCORDING TO EQUIPMENT USED. COOK TO AN INTERNAL TEMPERATURE OF 160°F FOR ALL COOKING METHODS LISTED.	

Nutrition Facts

18 servings per container
Serving size 4 pieces (152g)

Amount per serving
Calories 280

% Daily Value*

Total Fat 9g 12%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 630mg 27%

Total Carbohydrate 42g 15%

Dietary Fiber 2g 7%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 8g

Vitamin D 0mcg 0%

Calcium 60mg 4%

Iron 2.3mg 15%

Potassium 260mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Serving Information

Serving Size	4 pieces (152g)
Serving Per Bag	18
Serving Per Case	72

Case Information

Case Size Od/I	L-14.313" x W-12.813" x D-12.125"
Case Gross Wt/Lb	25.75 lb
Id Case/Cuft	1.165

Packaging Information

Case Pack/Lb	4/6 lb
Pkg. Count	72
Case Count	288

INGREDIENTS: WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), POTATO FLAKES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID), SOYBEAN OIL, DEHYDRATED CHEESE (CHEDDAR AND BLUE CHEESES [MILK, SALT, CULTURES, ENZYMES], MALTODEXTRIN, NATURAL FLAVOR, DISODIUM PHOSPHATE), SALT, BACON (CURED WITH WATER, SALT, SODIUM ERYTHORBATE, SODIUM NITRITE, SMOKE FLAVORING, SUGAR, DEXTROSE, BROWN SUGAR, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, SODIUM DIACETATE, FLAVOR, HONEY), ONION, NATURAL FLAVORS (WHEY, BUTTER OIL, SOUR CREAM SOLIDS, SUGAR, SALT, YEAST EXTRACT, GUAR GUM, ANNATTO AND TURMERIC [COLOR]), EGGS, SPICES, CHIVES.

CONTAINS: WHEAT, SOY, MILK, EGG.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.

**CASE NET WT
24 LBS (10.89 KG)**

Contact a Foodservice Specialist 1-800-233-3170
Manufactured by ateeco, inc. in Shenandoah, PA 17976

www.mrstsfoodservice.com

Made in the USA