

# SNACK CHEDDAR, RANCH SEASONED WITH BACON

Product Code: 41164-00804



## Product Cooking Directions

<b>DEEP FRY</b> <i>preferred cooking method</i>	Preheat the fryer to 350°F. Cook for <b>3 minutes</b> or until browned and floating.
<b>OVEN BAKE</b>	Preheat oven to 400°F. Spray cooking sheet and both sides of frozen pierogies with nonstick cook spray. Bake <b>16-18 minutes</b> . Turn halfway.
<b>SAUTÉ</b>	Add butter or oil to skillet. Sauté for <b>6 minutes per side</b> .
<b>BOIL</b>	Boil 4 quarts of water. Add frozen pierogies. Return to boil. Cook for <b>3 minutes</b> . Drain & serve.

## Nutrition Facts

Approx. 4 servings per container  
**Serving size 12 pieces (143g)**

**Amount per serving**  
**Calories 220**

% Daily Value\*

**Total Fat 4g** 5%

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol 15mg** 5%

**Sodium 690mg** 30%

**Total Carbohydrate 39g** 14%

Dietary Fiber 2g 7%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein 7g**

Vitamin D 0.1mcg 0%

Calcium 40mg 4%

Iron 2.2mg 10%

Potassium 240mg 6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Serving Information

Serving Size	12 pieces (143g)
Serving Per Bag	4 servings per pack
Serving Per Case	48 servings per case

### Case Information

Case Size Od/in	L-23.25" x W-13" x D-6.375"
Case Gross Wt/Lb	18.27 lb
Id Case/Cuft	1,875.04

### Packaging Information

Case Pack/Lb	12/1.32 lb
Pkg. Count	50
Case Count	600

**INGREDIENTS:** WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), POTATO FLAKES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID [PRESERVES COLOR]), SOYBEAN OIL, BACON (CURED WITH WATER, SALT, SUGAR, SODIUM ERYTHORBATE, SODIUM NITRITE, SMOKE FLAVORING, DEXTROSE, BROWN SUGAR, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, SODIUM DIACETATE, FLAVORING, HONEY), CHEDDAR FLAVOR (SALT, WHEY, MALTODEXTRIN, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], BUTTERMILK, NATURAL FLAVOR, NONFAT DRY MILK, CITRIC ACID, DISODIUM INOSINATE AND GUANYLATE, DEXTROSE, DISODIUM PHOSPHATE, SILICON DIOXIDE, ONION POWDER, DEXTRIN, BUTTER DERIVATIVES, SORBITOL, TRICALCIUM PHOSPHATE, XANTHAN GUM, GARLIC POWDER), DEHYDRATED CHEDDAR CHEESE (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], DISODIUM PHOSPHATE), SALT, EGGS, GRANULATED ONION, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, CORN STARCH, SODIUM BICARBONATE, MONO CALCIUM PHOSPHATE), NATURAL RANCH FLAVOR (MALTODEXTRIN, YEAST EXTRACT, SALT, NATURAL FLAVOR [CONTAINS CANOLA OIL AND PARSLEY], GARLIC, ONION, SILICON DIOXIDE), YEAST EXTRACT, SPICE, NATURAL COLOR (BETA-CAROTENE, TAPIOCA MALTODEXTRIN).

**CONTAINS:** WHEAT, SOY, MILK, EGG.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.

Net Wt. 21.06 oz (597g) 1.32 LB

Contact a Foodservice Specialist 1-800-233-3170  
Manufactured by ateco, inc. in Shenandoah, PA 17976

[www.mrstsfoodservice.com](http://www.mrstsfoodservice.com)

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