

SNACK CHEDDAR SOUR CREAM & ONION

Product Code: 41164-00805



Product Cooking Directions

DEEP FRY <i>preferred cooking method</i>	Preheat the fryer to 350°F. Cook for 3 minutes or until browned and floating.
OVEN BAKE	Preheat oven to 400°F. Spray cooking sheet and both sides of frozen pierogies with nonstick cook spray. Bake 16-18 minutes . Turn halfway.
SAUTÉ	Add butter or oil to skillet. Sauté for 6 minutes per side .
BOIL	Boil 4 quarts of water. Add frozen pierogies. Return to boil. Cook for 3 minutes . Drain & serve.

Nutrition Facts

Approx. 4 servings per container
Serving size 12 pieces (143g)

Amount per serving

Calories 220

% Daily Value*

Total Fat 3.5g 4%

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 610mg 27%

Total Carbohydrate 39g 14%

Dietary Fiber 2g **7%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 6g

Vitamin D 0.1mcg **0%**

Calcium 40mg **4%**

Iron 2.2mg **10%**

Potassium 230mg **4%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Serving Information

Serving Size	12 pieces (143g)
Serving Per Bag	4 servings per pack
Serving Per Case	48 servings per case

Case Information

Case Size Od/in	L-23.25" x W-13" x D-6.375"
Case Gross Wt/Lb	18.27 lb
Id Case/Cuft	1,875.04

Packaging Information

Case Pack/Lb	12/1.32 lb
Pkg. Count	50
Case Count	600

INGREDIENTS: WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), POTATO FLAKES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID [PRESERVES COLOR]), SOYBEAN OIL, DEHYDRATED CHEDDAR CHEESE (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], DISODIUM PHOSPHATE), DEHYDRATED SOUR CREAM (SOUR CREAM [CREAM, NONFAT MILK, CULTURES] CULTURED NONFAT MILK, CITRIC ACID), SALT, GRANULATED ONION, CHEDDAR FLAVOR (SALT, WHEY, MALTODEXTRIN, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], BUTTERMILK, NATURAL FLAVOR, NONFAT DRY MILK, CITRIC ACID, DISODIUM INOSINATE AND GUANYLATE, DEXTROSE, DISODIUM PHOSPHATE, SILICON DIOXIDE, ONION POWDER, DEXTRIN, BUTTER DERIVATIVES, SORBITOL, TRICALCIUM PHOSPHATE, XANTHAN GUM, GARLIC POWDER), EGGS, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, CORN STARCH, SODIUM BICARBONATE, MONO CALCIUM PHOSPHATE), ONION, YEAST EXTRACT, BUTTER FLAVOR (ENZYME MODIFIED BUTTERFAT, NONFAT DRY MILK, NATURAL FLAVOR), SPICES, NATURAL COLOR (BETA-CAROTENE, TAPIOCA MALTODEXTRIN)

CONTAINS: WHEAT, SOY, MILK, EGG.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.



Net Wt. 21.06 oz (597g) 1.32 LB

Contact a Foodservice Specialist 1-800-233-3170
Manufactured by ateeco, inc. in Shenandoah, PA 17976

www.mrstsfodservice.com

Made in the USA